

NANCY LAMKA-SMITH

82-year-old composer - lifelong music educator - daily modern creator
Official Podcast Guest One-Sheet

Nancy Lamka-Smith is a firebrand pianist, composer, and music educator who has taught thousands of students across six decades — and is still publishing creative content daily on TikTok and Instagram.

Her voice blends wisdom, humor, and spark. She bridges generations effortlessly, pairing classical training with modern creativity and the kind of lived experience no one can fabricate. She is the heart of Steps to Joy Music, where she now guides a global audience through joy-based learning, improvisation, and play for all ages.

If you want a guest who is charismatic, warm, deeply relatable, and fully alive - Nancy is it.



SIGNATURE TOPICS

Creativity at Any Age

Why it's never too late to learn, create, or begin again.

The Music We Stand On

How family, culture, and faith shape musicians across generations.

Joy-Based Learning

What children (and adults) unlock when music becomes discovery instead of pressure.

Becoming a Modern Creator at 82

What Nancy has learned posting daily on TikTok and Instagram.

Intergenerational Music Stories

How her son, granddaughter, and family legacy shape her art.

Composition as a Spiritual Practice

The surprising emotional and inner-world benefits of improvisation.

EXAMPLE EPISODE TITLES

- The 82-Year-Old TikTok Creator Teaching the World to Play Again
- Music Is a Lifelong Language – Lessons from Six Decades at the Piano
- Creativity Has No Age Limit: A Conversation with Nancy Lamka-Smith
- How to Teach Music with Joy Instead of Fear
- The Family That Plays Together: Intergenerational Creativity in 2026
- Inside the Mind of an 82-Year-Old Composer Who Still Publishes Daily

WHY PODCAST LISTENERS LOVE NANCY

- She's funny, sharp, unfiltered in the best way, and deeply warm.
- She shares stories from real life, not theory.
- She represents a disappearing but essential musical tradition — and carries it beautifully into the modern world.
- Her presence is calming; her energy is infectious.
- She gives hosts a one-of-a-kind episode no other guest can replicate.

FORMATS THAT FIT

- Music & creativity podcasts
- Personal development
- Parenting / education
- Aging with power
- Faith & culture
- TikTok / creator economy
- Storytelling shows
- Intergenerational conversations

SOCIALS

- **TikTok:** @NancyLamka.com
- **Instagram:** @NancyLamka
- **Facebook:** @NancyLamka
- **YouTube:** @NancyLamka

CONTACT

For booking inquiries: booking@nancylamka.com

Media assets available upon request.